

List of Segulot/Uses for 150 Chapters of Tehillim/Psalms (sans 119)

- 1 -- for a woman who miscarries (or tends to miscarry a pregnancy)
- 2 -- for a storm at sea
- 3 -- for shoulder pain and head pain
- 4 -- good for every need
- 5 -- for an evil spirit/mood
- 6 -- for eye illness
- 7 -- to make your haters go away
- 8 -- to find favor (*limtzo chen*)
- 9 -- for a sick child
- 10 -- for anyone who has haters
- 11 -- to get rid of enemies
- 12 -- to prevent weakness
- 13 -- to be saved from a strange death
- 14 -- for fear (paranoia?)
- 15 -- to slay a demon
- 16 -- to make known (*l'farsem*) a thief
- 17 -- to say out on the road
- 18 -- to be rescued from kings
- 19 -- for wisdom
- 20 -- good for judgement (*din*)
- 21 -- for one who is going before a ruler
- 22 -- for every kind of trouble (*tzaar*)
- 23 -- to ask a question via a dream (*she'alat chalom*)
- 24 -- to be rescued from a flood of water
- 25 -- for every thing
- 26 -- for trouble and danger
- 27 -- for wild/dangerous animals
- 28 -- for prayer
- 29 -- for an evil spirit/dark mood
- 30 -- for every bad thing
- 31 -- for an evil eye (*ayin hara*)
- 32 -- to request mercy/compassion (*rachamim*)
- 33 -- for a woman whose children have died, may Hashem have mercy
- 34 -- to go on one's way (i.e. a journey, traveling)
- 35 -- if adversaries have risen up against you
- 36 -- to annihilate the evil ones
- 37 -- for a drunkard
- 38 -- if one has given you bad advice
- 39 -- for one who is fasting
- 40 -- to be rescued from an evil spirit/dark mood
- 41 -- if you have been fired from your employment
- 42 -- to build the Beit Hamikdash
- 43 -- to build the Beit Hamikdash
- 44 -- to be saved from the hand of an enemy
- 45 -- for one who has an evil wife (presumably, one could say this for an evil husband too)
- 46 -- if a person hates his wife (ditto)
- 47 -- for repentance (*teshuvah*)
- 48 -- so that one's haters will be afraid of him
- 49 -- for a *kedachat* (a type of fever, malaria)
- 50 -- to be saved from bandits
- 51 -- for one who is defiled with *znut*
- 52 -- to prevent one from speaking *lashon hara*
- 53 -- to frighten your haters
- 54 -- to take revenge on your enemies
- 55 -- for all evil
- 56 -- to one who is imprisoned in chains (presumably, this includes handcuffs, etc.)
- 57 -- for success
- 58 -- for a bad dog
- 59 -- for the evil inclination (*l'yetzer hara*)
- 60 -- for one who is going to war
- 61 -- if you fear to sit at home
- 62 -- to be said after Mincha and after Maariv
- 63 -- to succeed in trade, merchandise
- 64 -- to cross a river
- 65 -- if you want something from another person
- 66 -- for whoever has a "mood," a *ruach* (like a depression or a particularly black mood)
- 67 -- for a chronic *kedachat* (fever)
- 68 -- for a bad spirit/dark mood (*ruach ra*)
- 69 -- for one who is covetous and lecherous
- 70 -- for war

71 -- to find favor (*limtzo chen*)  
72 -- to find favor & loving-kindness (*limtzo chen v'chessed*)  
73 -- to be saved from fear  
74 -- if you have haters  
75 -- to humble one's pride  
76 -- to be saved from fire and water  
77 -- so as not to fall in a day of trouble  
78 -- to find favor & loving-kindness (*chen v'chessed*) in the eyes of the government/authorities/rulership  
79 -- to subjugate one's haters  
80 -- to prevent one from idolatry/occult worship/heresy  
81 -- also to prevent one from idolatry/occult worship/heresy  
82 -- to succeed in your mission/errand  
83 -- for war  
84 -- for one whose body has become thin from illness  
85 -- to appease/satisfy a friend  
86 -- to be saved from a bad spirit (*ruach ra*)  
87 -- good for providing salvation to the city  
88 -- also good for providing salvation to the city  
89 -- for one who is losing his limbs (i.e., leprosy, amputation, gangrene, frostbite)  
90 -- for a lion  
91 -- for a bad spirit/dark mood (*ruach ra*)  
92 -- to see great miracles  
93 -- to be victorious against one who is suing  
94 -- if your haters are persecuting you  
95 -- to prevent one's fellow citizens from leading one astray  
96 -- to gladden one's family members  
97 -- also to gladden one's family members  
98 -- to place peace between one person and another  
99 -- to be genuinely pious (*chasid*)  
100 -- to be victorious over one's enemies  
101 -- for a bad spirit/dark mood (*ruach ra*)  
102 -- for a barren woman

103 -- also for a barren woman  
104 -- to distance one who causes harm  
105 -- for a fourth *kedachat*  
106 -- for a third *kedachat*  
107 -- for a chronic *kedachat*  
108 -- for success  
109 -- if your haters have been oppressing you  
110 -- for your haters to make peace with you  
111 -- to increase the amount of people who love you (i.e., to multiply friends)  
112 -- to increase your strength  
113 -- for heresy  
114 -- for one who is *zavin* and *mezavin*  
115 -- to debate/argue with heretics  
116 -- so as not to die a strange death  
117 -- for one who has been slandered baselessly (i.e. unfounded accusations, etc)  
118 -- to give an answer to an *apikorus* (a heretic, a skeptic)  
(I'm skipping 119 for now because it's a bit complicated to set up for those who don't know the Hebrew alphabet or who only understand the English translation.)  
120 -- to make peace  
121 -- to go out alone at night  
122 -- for a slave who ran away  
123 -- to travel by ship  
124 -- to travel by ship  
125 -- for enemies  
126 -- for a woman whose children have died  
127 -- for a newborn  
128 -- for a pregnant lady  
129 -- for something connect to a mitzvah  
130 -- if one wants to travel by ship  
131 -- for one who is prideful  
132 -- to break a vow  
133 -- to cultivate love from those whom you love (*I'kiyum ahavat ahuvim*)  
134 -- to say before learning  
135 -- for one who has thoughts of idolatry/occult worship  
136 -- to admit to intentional, calculated sins

137 -- to remove hatred  
138 -- to remove pride/arrogance  
139 -- to place love between a man and his wife  
140 -- for hatred that is between a man and his wife (the Hebrew wording seems to imply that this is more for a couple in which the hatred is coming specifically from the husband toward his wife -- *bein ish l'ishto* -- rather than mutual hatred or hatred coming from the wife)  
141 -- for heart pain  
142 -- for illness/suffering/pain in one's thighs/calves  
143 -- for illness/suffering/pain in one's arm  
144 -- for a broken hand/arm  
145 -- for fear  
146 -- for being struck with a sword (or with any sharp instrument, I'd guess)  
147 -- for a snake bite  
148 -- for a fire  
149 -- to prevent a fire from spreading  
150 -- to praise the Holy One Blessed be He for everything He does and has done