

### List of Segulot/Uses for First 64 Chapters of Tehillim/Psalms

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| 1 -- for a woman who miscarries (or tends to miscarry a pregnancy) | 37 -- for a drunkard  |
| 2 -- for a storm at sea  | 38 -- if one has given you bad advice   |
| 3 -- for shoulder pain and head pain                               | 39 -- for one who is fasting  |
| 4 -- good for every need   | 40 -- to be rescued from an evil spirit/dark mood   |
| 5 -- for an evil spirit/mood                                       | 41 -- if you have been fired from your employment   |
| 6 -- for eye illness   | 42 -- to build the Beit Hamikdash   |
| 7 -- to make your haters go away                                   | 43 -- to build the Beit Hamikdash   |
| 8 -- to find favor ( <i>limtzo chen</i> )                          | 44 -- to be saved from the hand of an enemy   |
| 9 -- for a sick child  | 45 -- for one who has an evil wife (presumably, one could say this for an evil husband too) |
| 10 -- for anyone who has haters                                    | 46 -- if a person hates his wife (ditto)  |
| 11 -- to get rid of enemies  | 47 -- for repentance ( <i>teshuvah</i> )  |
| 12 -- to prevent weakness  | 48 -- so that one's haters will be afraid of him  |
| 13 -- to be saved from a strange death                             | 49 -- for a <i>kedachat</i> (a type of fever, malaria)                                      |
| 14 -- for fear (paranoia?)   | 50 -- to be saved from bandits  |
| 15 -- to slay a demon  | 51 -- for one who is defiled with <i>znut</i>   |
| 16 -- to make known ( <i>l'farsem</i> ) a thief                    | 52 -- to prevent one from speaking <i>lashon hara</i>                                       |
| 17 -- to say out on the road                                       | 53 -- to frighten your haters   |
| 18 -- to be rescued from kings                                     | 54 -- to take revenge on your enemies   |
| 19 -- for wisdom   | 55 -- for all evil  |
| 20 -- good for judgement ( <i>din</i> )                            | 56 -- to one who is imprisoned in chains (presumably, this includes handcuffs, etc.)        |
| 21 -- for one who is going before a ruler                          | 57 -- for success   |
| 22 -- for every kind of trouble ( <i>tzaar</i> )                   | 58 -- for a bad dog   |
| 23 -- to ask a question via a dream ( <i>she'alat chalom</i> )     | 59 -- for the evil inclination ( <i>l'yetzer hara</i> )                                     |
| 24 -- to be rescued from a flood of water                          | 60 -- for one who is going to war   |
| 25 -- for every thing  | 61 -- if you fear to sit at home  |
| 26 -- for trouble and danger                                       | 62 -- to be said after Mincha and after Maariv  |
| 27 -- for wild/dangerous animals                                   | 63 -- to succeed in trade, merchandise  |
| 28 -- for prayer   | 64 -- to cross a river  |
| 29 -- for an evil spirit/dark mood                                 |   |
| 30 -- for every bad thing  |   |
| 31 -- for an evil eye ( <i>ayin hara</i> )                         |   |
| 32 -- to request mercy/compassion ( <i>rachamim</i> )              |   |
| 33 -- for a woman whose children have died, may Hashem have mercy  |   |
| 34 -- to go on one's way (i.e. a journey, traveling)               |   |
| 35 -- if adversaries have risen up against you                     |   |
| 36 -- to annihilate the evil ones                                  |   |